

# **10<sup>th</sup> ANNUAL TUSLAW CROSS COUNTRY INVITATIONAL**

**SATURDAY, OCTOBER 8, 2022**

**@ NICKAJACK FARMS**

The Tuslaw Athletic Department will host their 10<sup>th</sup> annual HS & MS Tuslaw Cross Country Invitational on Saturday, October 8, 2022. The invitational will again be held at Nickajack Farms, at 2955 Manchester Ave NW; North Lawrence, OH 44666. The farm is on the west side of Rt. 93, approximately 2.5 miles north of Tuslaw High School. Turn into the driveway at the Nickajack sign and head up the gravel road.

**GENERAL INFORMATION** (please inform your fans): Parking will be \$5.00 per car. NO PETS are allowed on Nickajack grounds. Coaches must enter athletes online on Baumspage ([www.baumspage.com](http://www.baumspage.com)). Entry window opens on Wednesday, 9/14/22 at 12:00 AM and closes on Wednesday, 10/5/22 at 5:00 PM. Results will be posted on Baumspage after the race.

**PACKET PICKUP:** At the tent beside the finish line.

**FACILITIES:** Porta-johns will be available at the course.

**COURSE MAPS:** Maps of the high school 5K and junior high 2 mile courses are posted on Baumspage. Parking and team camp areas are listed on the course maps.

## **SCHEDULE OF EVENTS:**

7:30 AM: The course opens

8:15 AM: Coaches meeting at packet pickup

9:00 AM: High School Girls Race

9:30 AM: High School Boys Race

10:00 AM: Jr. High Girls Race

10:30 AM: Jr. High Boys Race

11:15 AM: 1 mile Fun Run (for kids up to 6<sup>th</sup> grade; \$5 per runner)

**AWARDS:** Awards will be given to the first 10 finishers in each race (medals to the top 3 individuals), and to the top two teams in each race. Awards may be picked up in the packet pickup area after the race.

**T-SHIRTS/CONCESSIONS:** Tuslaw Invitational Dri-fit t-shirts will be on sale for \$20. Concessions will also be available.

**FEES:** High School Boys team: \$80; High School Girls team: \$80; Junior High Boys team: \$40; Junior High Girls team: \$40; High School or Junior High runner if not on a full team: \$6. There will be a \$5 entry fee for each participant in the Kids' Fun Run.

**Questions can be directed to Chris Lapish, AD, at [clapish@tuslawschools.org](mailto:clapish@tuslawschools.org).**